

Soups & Salads

HOMEMADE SOUP OF THE DAY

Ask about today's fresh selection.

GRILLED CHICKEN CAESAR SALAD *without croutons*

Crisp romaine lettuce, Parmesan cheese & crouton tossed in Caesar dressing.

Topped with grilled chicken.

TRIO SALAD *without crackers*

Chicken, tuna and egg salad on a bed of lettuce with assorted crackers.

CHEF SALAD

Fresh lettuce, turkey, ham, shredded cheese, tomatoes and eggs with your choice of dressing.

Salad Dressings

1000 Island • Ranch • French • Italian • Caesar • Poppyseed

Sandwiches

sandwiches served with choice of two sides | breads: white • wheat • rye • raisin • wrap

TURKEY BURGER

A juicy hand-pattied burger with lettuce, tomato, pickle and onions.

Add American or Swiss cheese if you like.

CLASSIC GRILLED CHEESE

Texas toast and melted American cheese.

TOASTED CLUB SANDWICH

Ham and roasted turkey breast, bacon, American or Swiss cheese, lettuce, tomato and mayo.

PATTY MELT

Hand-pattied beef patty topped with grilled onions and Swiss cheese on toasted rye bread.

GRILLED CHICKEN WRAP

Grilled Chicken Breast wrapped in a Tomato Basil Tortilla with

Lettuce, Tomato & a light Chipotle Mayo.

EGG SALAD SANDWICH

Freshly made egg salad on a flaky croissant.

BLT

Bacon, lettuce and tomato on your choice of bread.

CHICKEN SALAD SANDWICH

Traditional chicken salad with lettuce and tomato.

TUNA SALAD SANDWICH

Classic tuna salad with lettuce and tomato.



Hot Entrees

entrees served with choice of two sides

CITRUS GRILLED TILAPIA

Tilapia Fillet grilled with Sweet Pineapple seasoning.

OPEN FACED ROASTED TURKEY SANDWICH

Whole Roasted Turkey Breast sliced & served open faced on Texas Toast with Herbed Pan Gravy.

GRILLED CHICKEN BREAST

Delicately seasoned chicken breast, grilled to seal in the flavor.

PASTA ALFREDO

A rich cream and Parmesan sauce tossed with pasta. Add grilled chicken if you like.

HERB ROASTED CHICKEN

Seasoned bone-in Chicken roasted with a light Herb Butter.

HOMESTYLE POT ROAST *without gravy*

Tender Pot Roast cooked with fresh Carrots, Celery & Onions. Served with Pan style gravy.

PULLED PORK SANDWICH

Slow roasted Pork Butt served with a side of Regular or Carolina Style BBQ Sauce.

MANICOTTI

Pasta stuffed with Ricotta Cheese & topped with Marinara & shredded Cheese.

BEER BATTERED COD

Cod Fillets dipped in Sweet Beer Tempura Batter. Fried Golden Brown.


TURKEY MEATLOAF

Just like grandma used to make, topped with brown gravy.

CRAB SALAD PLATE *without croissant*

Seasoned Crab Salad served on Leaf Lettuce with Croissant & seasonal Fresh Fruit cup.

Sides

Baked Potato    • Mashed Potatoes w/ Gravy • Brown Rice   

Vegetable of the Day   • Macaroni and Cheese • Cottage Cheese  

Applesauce   • Cole Slaw  • Baked Beans  • Pasta Salad • Potato Salad 

Baked Sweet Potato   • Jello   • Fruit Cup    • Yogurt   • Chips

Breakfast

SILVER PLATTER BREAKFAST *without bread*

One or two eggs, any way, with choice of bacon, sausage patties, or grilled ham.
Served with your choice of white, wheat, raisin or rye toast.

BISCUIT & SAUSAGE GRAVY

One halved freshly baked biscuit smothered in sausage gravy.

EGG MUFFIN

A fried egg served with your choice of hickory smoked bacon, grilled ham or sausage patty and American cheese on an English muffin.

FLUFFY PANCAKES

One or two fluffy, made to order pancakes served with your choice of bacon, sausage patties or grilled ham.

EGG WHITE SCRAMBLE

Scrambled Egg White cooked with Bell Peppers, Onions & Cheese.

FRENCH TOAST

A custard soaked, golden slab of French toast served with your choice of bacon, sausage patties or grilled ham.

BUILD YOUR OWN OMELET

A fluffy omelet filled with your choice of:





Cheese - American • Swiss • Cheddar

Meat - Sausage • Ham • Bacon

Veggies - Onions • Peppers • Mushrooms • Tomatoes

BREAKFAST SIDES

Hash Browns  • Biscuits • Toast • Sausage Patties 

Ham  • Bacon  • Assorted Hot & Cold Cereals  • Fruit Cup 

Beverages

Coffee • Hot Tea • Hot Chocolate • Ice Tea
Lemonade • Fruit Punch • Milk • Cranberry Juice
Apple Juice • Orange Juice • Prune Juice • Tomato Juice



Gluten Free



Heart Healthy



Excellent for Brain Health